

The Psychiatric Intake Response Center (PIRC) at Children's of Alabama links adult callers to mental health resources for children and teens.

WHAT?

- **Confidential phone calls** with a licensed mental health therapist.
- **Resources** provided for mental health services in your community.
- **Access** to a database of mental health resources primarily in Jefferson, Shelby, St. Clair, Blount and Walker counties. Efforts are made to identify resources outside of these counties, if needed.
- **Support and education** on mental health concerns and how to navigate the mental health system.
- **Safety planning** for current or future crises.
- **The center is not a suicide or crisis hotline.** Callers whose child or teen is at high risk may be referred to the nearest Emergency Room.

** Services provided by phone are not medical advice and should not be considered as such.*

WHEN?

- **Open 8 am to 11 pm every day of the week.**

WHO CAN CALL?

- **Any adult caregiver** who is seeking mental health assistance for a child or teen, including parents, grandparents, teachers, school counselors, pediatricians, nurses, law enforcement and social workers.

HOW?

- The PIRC staff listens to the caller and determines what services are needed for each case. Then, they access a database of providers and recommend multiple resources available in the caller's community.
- In the Emergency Room, the PIRC staff also assesses patients with mental health concerns. A multidisciplinary team decides the best plan of care.



Call us at
205-638-PIRC
(205-638-7472)